

What Others Have Said

“There’s a whole landscape of possibilities with MI! I’m really excited to put my new skills into practice!”

“Great new ideas and methods for interacting with clients.”



“The trainers provided caring, gentle guidance; it was a pleasure to watch them model their skills.”

“I liked everyone’s willingness to really practice and risk making mistakes.”

“...more experiential than almost anything I have ever been to.”

Trainers

Kathy Silverman is a Health Educator with the HIV/AIDS Program. She trains on HIV/AIDS, counseling skills, crisis and suicide assessment and intervention, harm reduction, and behavior change. Kathy also provides HIV counseling & testing and is a WA State HIV Prevention Counseling Trainer.

Susan Kingston is a Drug Use and HIV Prevention Health Educator with the HIV/AIDS Program and provides training on harm reduction, HIV prevention, and counseling strategies with substance users. She specializes in injection drug use, methamphetamine, and substance use among gay/bisexual men.

The **HIV/AIDS Program** offers free and low-cost customized training in King County on such topics as:

- HIV/AIDS/hepatitis and STDs
- HIV counseling and testing
- Risk assessment/risk reduction counseling
- Street drug pharmacology and use trends
- Injection drug user health and culture
- Needle exchange and syringe access
- Harm reduction
- Substance use and HIV among gay/bisexual men

Additional educational services include:

- Case consultation for staff working with substance-involved clients.
- Video, computer, and library resources on HIV/AIDS.
- Extensive collection of print materials on HIV, STDs, and drug user health.

For more information, contact Kathy Silverman at 206-205-0586 or by email at kathy.silverman@metrokc.gov.

HIV/AIDS Program

400 Yesler Way, 3rd floor

Seattle, WA 98104

206-296-4649

206-296-4843 TTY



Alternative formats available.

Motivational Interviewing

Helping People Change



Theory
≈
Skills
≈
Practice

2006 Workshop Schedule

Public Health—Seattle & King County

Motivational Interviewing is a “client-centered, directive method for enhancing intrinsic motivation to change by exploring and resolving ambivalence.”

WHAT TO EXPECT

- ◆ 2 full days of blended theory, discussion, demonstrations, and plenty of hands-on practice.
- ◆ Improved listening, conversation skills, and techniques for enhancing motivation.
- ◆ Increased confidence in helping clients explore and sustain change.
- ◆ Reduced frustration and client resistance.
- ◆ A complete training manual and post-course resources.
- ◆ Lively interaction and networking with other helping professionals.
- ◆ Fabulous lunches and snacks included!

2006 WORKSHOP DATES

April 20-21, 2006 8:30 am - 4:30 pm

August 24-25, 2006 8:30 am - 4:30 pm

Certificates of completion will be issued at the end of the workshop. Attendance for the 2 full days is required.

LOCATION

Planned Parenthood of Western WA
Seattle Health Center
2001 E Madison Street

For map:

www.plannedparenthood.org/pp2/wwsgn/

FEES and REGISTRATION

\$125.00/person or \$115.00/person with 5 or more participants from same agency.

To register:

1. Complete and mail attached registration form with payment -or-
2. Complete form online and mail payment.

www.metrokc.gov/health/apu/resources/miclass.htm

You are not registered until payment is received.

- ◆ Workshops are limited to 36 persons and fill quickly. Early registration is encouraged!
- ◆ Refunds are available only for cancellations made at least 5 days prior to your confirmed workshop. The full fee will be charged for all late cancellations and “no shows.”

Public Health employees:

DO NOT send payment. Include billing org/proj and supervisor’s signature on the application.

CE CREDITS

15.2 CE hours are offered for this workshop.

Public Health - Seattle & King County is approved to provide CE credits by the Washington State Department of Health and the Washington State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please complete and return this application along with payment to:			
Diane Ferrero, HIV/AIDS Program, 400 Yesler Way, 3rd Floor, Seattle, WA 98104			
(206) 296-4649 Email: diane.ferrero@metrokc.gov			
Name	Position		
Agency	Class Dates Requested	Telephone	FAX
Street			
City	State	Zip	
Email			
**If Public Health employee, DO NOT send payment. Your organization/project will be billed.			
Public Health Supervisor Signature			
Org/project #			
Registration is also available online at www.metrokc.gov/health/apu/resources/miclass.htm			